

Upstream – Mid Devon

Health Maps

Background

AC had been going to the Marie Curie Centre for arts and craft activities but, after this closed down, had been looking for another, similar group with her friend. She contacted us but was concerned because she was unable to go out on her own. She has MS and had recently lost her husband. She was very tearful when I visited and explained that her daughter took her everywhere but she wanted to join our mentor led Art and Craft Group in Tiverton independently. She had a walker to get around indoors but only a motorised scooter for outside which she rarely used because she is not very confident and it has been very wet. She was waiting for a lightweight wheelchair but it had not yet arrived.

Mental Wellbeing

She joined the Upstream Arts and Crafts group and thoroughly enjoyed it, especially when her friend also joined a few weeks later (she had been ill and unable to start earlier). She is now a regular and enthusiastic contributor. AC said how much both she and her friend enjoyed coming to the group as they were able to be in company and DO something as well.

She had also asked about computer courses as she had one but was not very confident to use it. She was provided the details of various Computer Courses and she will now follow up on her own.

